CORPORATE DINING
PRIVATE SCHOOLS
MULTI-TENANT BUILDINGS
MUSEUMS & LIBRARY CAFÉS
SPECIAL VENUES & EVENTS
CONFERENCE CENTERS
HIGH-END SENIOR LIVING
FULL-SERVICE RESTAURANTS
UNIQUE SUMMER CAMPS
C-STORE MANAGEMENT
PASSENGER RAIL DINING





Introducing an Exclusive Nutrition Program From NexDine, The Fresh Idea People







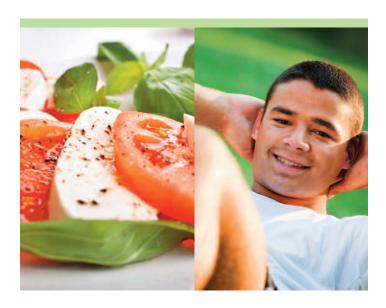
NexDine, LLC 100 Pleasant Street Dracut, MA 01826 978-674-8464

Please visit sparkrecipes.com for detailed information about any particular item offered



Benefits

NexDine and our HealthSense program provides an easy way to make sensible dining choices. Just look for our HealthSense logo and the associated nutritional information to make fresh, healthy, and sensible dining choices.



"Health Sense dining options allow you to recognize items that offer nutritional information and follow our nutritional guidelines outlined in this booklet."



Following the guidelines outlined in this booklet, NexDine will be utilizing SparkRecipes.com as the recipe source for all HealthSense menu options. As an added bonus, you can log onto SparkRecipes.com and send us recipes you'd like us to try.

Spark**Recipes**

HEALTHSENSE WELLNESS PROGRAM

All of the HealthSense menu items are prepared fresh, following strict recipe guidelines.

Maintaining nutritional authenticity and accuracy will be a priority in every item we prepare.

Look for our HealthSense logo on menus and other signage that highlight healthy options. Our goal is to offer as many items as possible that me

many items as possible that meet our nutritional criteria. Basic nutritional guidelines for HealthSense menu items are:

Cafeteria or Vending Entrees

- 600 calories or less
- < 800 mg sodium</p>
- < 5 grams saturated fat</p>
- Zero trans fat

Cafeteria or Vending Snacks

- 200 calories or less
- ≤ 2 grams saturated fat
- ≤ 200 mg sodium
- Zero trans fats

